

*Make a difference in the lives of
people like Michele, Patrick,
Leah, and Ella.*

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860 Hard Road

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**All donations are tax deductible to the fullest extent of the law.*

Your contribution to The Wolf Foundation helps people reach for their dreams each and every day at CDS Monarch. Help us ensure the highest quality of services far into the future, by donating today, and by sharing our information with your friends and family.

Thank you!

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 **The Wolf Foundation**
860 Hard Road
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CDS Monarch

Celebrating the Everyday of Life



Assisting People with Intellectual
and Developmental Disabilities,
Veterans, and Seniors to live and
thrive in their communities.

Helping People Achieve Their Dreams of Independence!

Helping Veterans to Transition Back into Their Community



Leah served in the Army and came to Warrior Salute in July of 2013. She chose Warrior Salute because it offered temporary housing, 24/7 support, intensive therapy, and family services. Leah found art therapy to be especially beneficial because it was a calm and relaxing way to overcome the traumas she had suffered. She utilized painting and creating collage/poetry art in her healing process. She also benefited from massage therapy to help her deal with some chronic pain issues. Leah graduated from the program in January 2014.

"Warrior Salute has helped me rebound after losing everything," stated Leah. "I found it helpful and comforting to be surrounded by other Veterans."

Warrior Salute offers comprehensive clinical therapies, employment training, and housing for Veterans with Post Traumatic Stress Disorder, Traumatic Brain Injury and Military

Sexual Trauma, as they transition back into the community. *Your gift will help ensure military heroes are able to receive the clinical services they require to live healthy and fulfilling lives.*

Independent Living through Community Transitions

Patrick and Michele have been engaged for several years, but had both been living in separate supported apartment residences operated by CDS Monarch. It had always been their goal to one day move out into the community on their own. They have both been working, Michele at McDonald's and Patrick at Flutter's (a restaurant at CDS Monarch's Wolf Life Transitions Center), for a number of years, and knew that this would help them with their expenses. So in 2013, Patrick and Michele decided that it was time to get a place together, and in August they moved into their own apartment. Now, less than a year later, they are both very happy to be sharing their home with one another.

"I absolutely love living here," says Michele. "My neighbors are all really friendly, and it makes me so happy to be able to live in a place that I can truly call my own."

CDS Monarch continues to support Patrick and Michele by providing a few hours of Community Transitions services every week, which includes daily living skills, such as budgeting, grocery shopping, housekeeping and more. As individuals achieve their dreams of independent living, like Patrick and Michele have done, Community Transitions is a service that helps individuals and their families in a meaningful and person-centered way. Family members, friends, and community organizations are at the core of these supports, and they play an important part in the success of these individuals.

Life Transitions provides support for People with Intellectual and Developmental Disabilities to live in the community, prepare for competitive employment, increase overall independence and community integration, in addition to family supports like service coordination, recreation, and education. *Your support will allow more people to live and work independently in their communities.*



Affordable and Integrated Independent Living for Seniors

Ella moved into CDS Monarch's first senior living community shortly after it opened in 2012. She is just one example of an individual in the community who benefits from living in an integrated, affordable setting where her disabilities are supported and she is able to age in place with her peers and friends. Ella fell in love with CDS Monarch Senior Living the moment she set foot inside. She moved into her apartment in April 2012, and has enjoyed getting to know her neighbors. She likes to keep herself busy, whether it's sitting in on a game of bingo in the community room, or taking a walk down to the nearby Wegmans.

"There a lot of social activities going on, which is great, because you will never get bored." Once per week Ella goes to CDS Monarch's Wolf Life Transitions Center for evening activities. *"My favorite thing is to go swimming in the therapy pool,"* stated Ella. Ella is proud of her beautiful, new home, and enjoys having company over to share it with. *"I have my grandkids over, and I love taking them out to the pond, and I know that they look forward to coming here to visit me,"* she says.

CDS Monarch Senior Living, a division of CDS Monarch, offers high quality, affordable housing for seniors, with and without disabilities, in a safe, comfortable and inclusive environment. *Your generosity allows Seniors to continue living with peers in their community, in affordable and independent apartments.*

